

26th Issue!! **FuchsiaStars** Lunar Notes © 2004 July 28, 2004

Dear Readers!

Welcome back to the 26th issue Lunar Notes! Lunar Notes is a free monthly e-Newsletter that discusses the cycle of the Moon as well as the symbolism of the New and Full Moon, Eclipses and other significant planetary aspects during the upcoming month. Relationship issues are discussed under the **Soul Mates/Relationship Section**. If you missed the 1st Issues of Lunar Notes you can locate them on my websites: www.KarmicAstrology.tv or www.FuchsiaStars.com Anyone wishing to subscribe to this newsletter may do so by submitting your e-mail address through Yahoogroups.com and you will automatically be subscribed to Lunar Notes.

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**Happy Birthday Leo the Lion! For those born between July 23 - Aug 23rd**

The Key Phrase is: I ROAR...oops...only teasing ☺.

**Applause, applause!**...Leo's love an audience and will often position themselves to be the center of attention. They have a keen need to feel appreciated and to accomplish something in life they feel proud of. Leo is a masculine, fixed (steady and determined), fire (intuitive, firey) sign located in the 2nd quadrant (other oriented/inter-personal) of the Western Hemisphere of the chart. Because Leo resides in the 5th house of the zodiac and is ruled by our Sun, our life force, ego ideal, our future, children, creativity romance are most important to Leo. Leo loves romance and will shine brightly in most relationships...so long as they are viewed as "king". They can be incredibly charming and have a fun, child-like carefree attitude. Leo is the King of the Jungle!! (or Queen of the office!) The luminary ruling the sign of Leo is our life giving Sun. The Sun shines brightly during the day sky with our moon goddess absorbing his light to reflect back to us in the evening, once the Sun has disappeared from view.

The sign of Leo rules the spine, back and the heart. The heart is associated with emotions and love and Leo's can be absolutely devoted to those they love. The heart chakra is our life force where harmony and trust with ourselves and others resides. When our heart chakra is "open" we are flexible and able to both give and receive love. We are open to change and new ideas which leads to personal growth. When feeling hurt, Leo will retreat to their "cave". When our heart chakra is not open we are not able to receive or give love and become off balance.

The glyph for the sign of Leo is often associated with kundalini energy. This energy is coiled at the base of the spine and is our vital energy.

Since the sign of Leo is symbolic of the Lion I want to celebrate the sign of Leo as symbolic of all cats...large and small. If you stroke Leo the right way (stroking fur in one direction) you will hear Leo purrrrrrr... Cat's purr to show contentment. They do not want their fur

fluffed in the wrong direction though! Lions are very protective of their cubs (children). If Leo is prominent in your chart, children will be of primary importance to you.

Leo's polar opposite (5th house - romance, children, creativity, gambling) is the fixed, air sign Aquarius (11<sup>th</sup> house - friendships, organizations, associations, hopes and wishes). The integration of romance and children versus independence, individuality, friendships and associations are some areas of life for Leo, also contingent upon other areas of the birth chart. When under stress each sign will operate through the most negative characteristics of their polar opposite....the sign 180 degrees opposite itself. In this case, when under stress, Leo can become erratic, unpredictable and extremely willful and can not be tied down at all...just like airy Aquarius, the water bearer, ruled by the iconoclast planet Uranus. Aquarians often seem distant or cool as they are an air sign and tend to "think" their emotions. At a past AFA conference, I attended a lecture by Kelly Lee Phipps. He's quite an entertaining speaker and an Aquarian himself. He described Aquarius and the Water Bearer symbol like this: The Water Bearer is holding this jug of water, he doesn't know what to do with this water (EMOTIONS), looks around and decides "who needs this?" and tosses the water over his shoulder! Well, when under stress, Leo will toss whatever is troubling him/her over the shoulder too. This can be any emotional issue, but more than likely concerning a relationship/romantic partner.

The sound of a cat purring is soothing and healing. See the article A Cats Purr at this site: <http://paulapeterson.com/CatsPurr.html>

**Famous Leos:** David Sanborn, Jazz-fusion Saxophonist, July 30<sup>th</sup>; Martin Sheen, Actor, August 3<sup>rd</sup>; Jean Piaget, Child Psychologist, August 9<sup>th</sup>; Alfred Hitchcock, Film Director born August 13; Madonna, Performer born August 16; Robert De Niro, Actor, Mae West, Actress both on August 17.

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THE STRENGTH Card - Number VIII - Leo

In The Tarot deck, card #8 - is symbolic of the sign of Leo. Here you have a lovely naked woman standing next to a Lion. She is stroking his regal mane, as he appears to be purring like a little kitten!! ☺ This IS Leo! The King of the Jungle can be tamed if you stroke his fur in the right direction. Have you ever pet a real kitty's fur in the wrong direction? They look at you in such away as to imply "HOW DARE YOU!!!" "I am the King or Queen and I expect to be treated the same!" Well...this is Leo!! Just don't rub their fur the wrong way.

The Strength card represents strength, determination and power. However, in the picture you have a gentle woman, unarmed and without protective armor (unlike the Chariot in card #7 which is "outer strength and will"). This woman overcomes the lion with her quiet strength, the power emanating from within. This card is symbolic of the inner power of the human spirit to overcome all obstacles.

Often this can symbolize calming the beast within as with psychotherapy. Strength, which is essentially female, tunes into her intuition to keep the lion (our unconscious desires) calm

and in control. The lion and this card is also symbolic of the courage to encounter powerful forces, to place fear aside and to claim our own power.

STRONG RIPE BERRIES MOON (Sturgeon)

In Native American Astrology, those born from July 23 - August 23rd are born during the Ripe Berries Moon! Their plant totem is the Raspberry and their animal totem is the Sturgeon! Are you familiar with the sturgeon?? A sturgeon is a really big fish...actually...the KING of fishes! It's a very old and ancient fish that surfaced around the years just after the dinosaurs. Beneath the surface, Sturgeon people are usually very sensitive. They hide this well with their great big smile. Because of their keen intuition and perceptions, they usually feel what others are feeling and can be easily hurt.

The color for this sign is red that is associated with the heart and blood and with their gemstone, the Garnet. Garnet is believed to have the vibration power to balance sexual energies. The color red can also symbolize erratic action, excessive pride, sensuality and sexuality, greed and selfishness for those less evolved Leo's/Sturgeon's ☺ People who are of this color tend to have nervous problems during their life. People born during this time also belong to the Thunderbird Clan.

August, 2004

Our Moon changes signs approximately every 2 _ days.

July 31, 2004 - Full Moon - Blue Moon at 8 Aquarius 51. This is the 2nd Full Moon in the month of July.

August 8, 2004 - Venus in Gemini enters Cancer. With Venus in cerebral Gemini, we valued communicating, reading and relating intellectually. In Cancer we value nurturing, the family and our children. Cooking and our home life may be the focus. We love to feel supported in relationships with Venus in lunar Cancer. We may seek a parent figure.

August 10, 2004: Mercury at 8 Virgo46' turns retrograde (apparent backward motion) - Mercury in this sign is pragmatic and particular able to focus on details. When retrograde, communication becomes distorted. We often need to review and redo written agreements. It is never a good time to enter into any new agreement during Mercury retrograde. Details will be missed, the contract or agreement will change and things just won't be as you thought they would. People aren't thinking clearly during this time. It's a good time to pay attention to details and to also back up your computer! Electronic products are notorious for breaking down during this time. Be on the look out for computer viruses or unusual communications. It is not uncommon to hear from someone from your past during this time.

August 11, 2004 - Mars enters Virgo. - Mars starts the month at 24 Leo 02' - Mars in Leo is steady, dynamic and constant with a very high energy level. He can be creative and resourceful wanting to have his own way. He changes signs and doesn't want as much attention. He becomes more reserved and introspective paying attention to details.

Sometimes Mars in Virgo, when not in balance, will become passive-aggressive, projecting outward, that which she/he will not own.

August 16, 2004: New Moon 23 Leo 31'. New Moon is always a good time to start a new project or work on areas of your life you've let pass. In Leo, ruled by the Sun, and the 5th sign of the zodiac you may want to focus on your creativity, romance and love affairs and children.

August 23, 2004: Sun enters Virgo - Happy Birthday Virgo! Virgo is feminine, mutable (changeable) earth (grounded). We will look forward to discussing the sign of Virgo in the next issue of Lunar Notes.

August 30, 2004 - Full Moon 7 Pisces 03' - A full moon is a culmination of energy from the last New Moon, approximately 14 days earlier. In the sign of Pisces the focus is on what is hidden, illusions, dream life and compassion towards others. Thoughts or decisions about these life issues may culminate during this full moon.

August 30, 2004 - Pluto Direct at 19 Sagittarius 32. 'Pluto stays retrograde (rx) - starting the month 19 Sagittarius 48'. Whatever Pluto touches in your chart will leave an imprint in your psyche. Pluto is in a fire sign burning holes in belief systems that no longer suit our life purpose. Pluto is all about personal power and regeneration, throwing out the old and bringing in the new, oftentimes after a complete overhaul! When retrograde, this energy is turned inward. Pluto will stay retrograde until August 30th and will turn direct at 19 Sag 32'. Once direct and with a Full Moon, you will feel slightly "changed" depending on how Pluto touched personal planets in your chart. You will look back at this time and think, how did I ever live that way? How did I ever feel that way and what happened to change my mind about it? Without even realizing it, you will be "transformed"...and almost always for the better. New circumstances and change at a deep level will have already taken place.

Jupiter starts the month at 18 Virgo 33' - Jupiter in Virgo is practical and realistic. All of the Virgos out there should be receiving some nice benefits with Jupiter in Virgo transiting your Sun...try to not overdue it! With Jupiter direct in Virgo, now is the time to earn that extra income with a hobby you enjoy. Attention to detail will improve now as any diet you begin at this time. Jupiter ends the month at 24 Virgo 36'.

Saturn continues in Cancer - Saturn in Cancer starts the month at 19 Cancer 49'. He is all about our physical structures, restrictions and limitations as well as boundaries. Saturn is also about our commitments to our personal structure. With Saturn in Cancer, the planet in opposition (Capricorn) and in square (Libra, Aries) will be in for some lessons. If you have not acted responsibly or with integrity, Saturn is about to make you aware of it by creating some limitation, boundary or lesson. If you have been working hard, Saturn will possibly set up a task in which you need to prove yourself. Saturn rewards those who have worked hard through difficult times. He ends the month at 23 Cancer 18'.

Uranus in Pisces retrograde (rx) - Uranus starts the month at 05 Pisces 49' and will end the month at 04 Pisces 41'. With Uranus retrograde, we will internalize our Uranian energy.

The focus may be on an area of study we need to work on for our self improvement. We may feel more self-contained. Planets in Virgo are in opposition to Uranus in Pisces and there may be a reevaluation of your health needs or being of service to others may surface (Virgo)

Neptune continues her retrograde beginning the month at 14 Aquarius 08' - If you have planets in conjunction (the same sign and approximately the same degree) opposition to this degree (Leo) or in square (Scorpio and Taurus) you will feel the illusive effects of Neptune's transit the most over time. A deeper understanding of what's underneath may come to the surface and your dream life may intensify during this time. The dissolution of boundaries and illusions or the uncovering of the truth will be revealed. Neptune ends at 13 Aquarius 20'.

SABIAN SYMBOL'S:

For those of you unfamiliar with the Sabian Symbol, the original Sabian Symbols were written in 1931 by Marc Edmond Jones. Dane Rudhyar later revised the symbols and others have re-interpreted the symbols periodically. Lynda Hill writes one of my favorite modern interpretations. The basis of these symbols is derived from the 360 degrees in the zodiacal circle. Each sign of the zodiac: Aries, Taurus, Gemini and so forth, is comprised of 30 degrees. Since there are 12 signs in the zodiac, that would be 12 signs X 30 degrees = 360 degrees. There are 360 Sabian Symbols and each symbol coincides with and describes each degree of the zodiac. If you know your birth chart, utilizing these symbols for each of your planetary placements is rather telling and will provide you with greater insight into your own character traits and motivations.

NEW MOON August 16, 2004 - 23 Leo 31'

New moon = New Beginnings. New Moons augur a time to start new projects. Seeds (ideas and positive energy) planted during a New Moon will culminate and flourish during the Full Moon.

Since Leo rules the 5th house of the natural zodiac, this New Moon would be a good time to focus and visualize on these areas of your life. Focus may be your children, creativity, love affairs and just having fun.

SABIAN SYMBOL for 24 LEO:

TOTALLY CONCENTRATED UPON INNER SPIRITUAL ATTAINMENT, A MAN IS SITTING IN A DTATE OF COMPLETE NEGLECT OF HIS BODY

This image reminds me of being in a meditative state and ignoring everything else around us. We are more focused on inner fulfillment than in our physical body. We need to nurture both our spirit and our body for maximum health. When we neglect our physical needs we can become off balance. Yet, when we are on a spiritual path, we often place our physical needs, food and sexuality on hold in order to attain our goal.

This symbol speaks of a feeling of imbalance. It is important to being touch with "all" of our needs. To ignore one at the expense of the whole will lead to physical and/or emotional problems.

FULL MOON - August 30, 2004 - 07 Pisces 03'

With a Full Moon, we see a culmination or coming to a head the seeds planted during the previous New Moon cycle. Since the August 30th Full Moon falls in the sign of Pisces, this lunar energy will be emphasized. Pisces is a mutable, water sign and resides in the 12th house of the natural zodiac, ruled by illusive planet Neptune. Dreams, secrets,, charities, magic and psychic ability all fall in Neptune's domain and may come into focus now as well as getting to the bottom of these issues is highlighted. If this Full Moon conjuncts (same approximate degree) or opposes (180 degrees opposite) a natal planet, you will be more likely to experience the culminating affects of this Full Moon in the area of life (houses) it is located in your birth chart.

SABIAN SYMBOL for 8 PISCES:

A GIRL BLOWING A BUGLE

This symbol may symbolize the need to "wake up"! This instrument is usually utilized in the military, similar to a trumpet.

Perhaps this symbolizes "a wake up call" to pay attention to something previously missed. There may be unexpected revelations. Perhaps you will be taken by surprise.

Sometimes the sound of a bugle is really irritating and harsh. Do you feel like you need to turn off the noise? Is there a message that you need to hear "loud and clear"?

Where does 8 Pisces (conjunction) or 8 Virgo (opposition) or 8 Gemini/Sagittarius (square) fall in your chart?



SOUL MATES/RELATIONSHIPS:

This month's topic is inspired by three people actually. One was a synchronous conversation with my friend Clay about healing our family of origin issues. Another person was one I was briefly involved with who needs awareness and healing to forgive the past and be able to maintain a healthy relationship. Then my friend Dawn recommended a film to better understand what transpired with the person I was involved with. Thank you so much.

"I don't know when my parents began their war against each other. But the only prisoners they took were their children. When my brother and sister and I needed to escape, we developed a ritual. We found a silent, soothing world where there was no pain. We would form a circle made by flesh and blood and water ...and only when we felt our lungs betray us,

would we rise before the light that waits for us above the surface. All of this was a long time ago, before I chose to not have the memory" - Tom Wingo in "The Prince of Tides"

When we are children in emotionally or physically abusive homes or we are brought into an emotionally sterile home or one without a parent due to a death, we often develop defense mechanisms to protect ourselves from pain. We will also develop an idealistic or unrealistic notion of who "mother" and "father" are. Children need nurturing and unconditional love to feel safe. Unconditional love is love in which there are no conditions attached. This means I love you no matter what. I love you when you are "dirty" or "angry" or "in pain" or "in a bad mood". When we grow up in homes where love is conditional we hear scripts like this: I love you only "if" you are good, I only love you when you are "clean", I love you "only" when you do as I say and I love you **only** when you are perfect and do not give me a hard time. When it doesn't feel safe and we do not feel loved for who we are, we learn to soothe and protect ourselves by our own methods. Our instinctual survival issues come into play.

The film "The Prince of Tides" is a story of a man who grew up in one of these homes. Not only did he have an angry, abusive father, he had a mother who pretended that everything was fine. His feelings were never validated by her and the pretense was maintained that life was grand. Love was conditional. We often develop defense mechanisms as a self protection. Defense mechanisms operate on an unconscious level. We are usually not aware that we are using them. They permit us to cope with and manage stress. As a result, Tom developed a keen sense of sarcasm and used his humor as "projection" as one of his defense mechanisms. "Denial" was another defense. Tom Wingo, played by Nick Nolte, chose to no longer keep the memories from his past and denied they ever happened. Staying in denial prevented Tom from seeing that his marriage was in danger. He was stuck in a distorted reality.

We see denial in the chart where Neptune is prominent. Neptune is nebulous and foggy. We don't see situations or people clearly when Neptune is involved. We may be overly idealistic or project our idealism onto others, not seeing them clearly and then being deeply disillusioned when they do not live up to our "ideal" of whom we "thought" they were once the fairy dust blows away. I see this in charts where Venus is in hard aspect to Neptune. There are often disillusionments and deceit in love. The person has an ideal vision about love and the partner built up in his/her imagination that they actually believe exists. Their relationships are filled with fantasy projection. Once the rose-colored glasses fall off, people with hard Venus/Neptune or Neptune prominent in their natal chart, will often leave the relationship seeking their ideal all over again. There is no such thing because a fantasy is just that. No one person can ever live up to a fantasy.

When Tom was under stress he would soothe himself under water (Neptune) away from his mother's denial (Venus/Neptune) of his brutal father (Saturn). He also lived by the ocean during his marriage.

When we associate love with pain or with loss we may have contacts between Venus and Saturn. Saturn in hard aspect with Venus may deny love or look to love as dutiful. It may

restrict the love nature or the love nature will be cool. We may associate love with fear. We may also fall in love with a parent figure or someone older. Relationships seem 'karmic'.

In this film, and during his therapeutic session with Psychotherapist Dr. Lowenstein played by Barbra Streisand, we learn of Tom's rape by an escaped prisoner who entered their home one rainy evening. There were 3 prisoners and both his mother and his sister were also violated. Tom's brother burst onto the scene with gun in hand to save the day. However, afterwards both Tom and his siblings are forced into silence and secrecy about the incident by their mother. Three days later a suicide was attempted by his 13 year old sister. He explains to Dr. Lowenstein that the silence afterwards was worse than the rape...and he didn't know that that could happen to boys.

The silence forced upon them, the denial of what transpired was even more traumatic than the event. Not acknowledging or invalidating that traumatic event of what happened tells a child that their trauma didn't exist and it was unimportant. Reality is not important and that it's better to leave things left unsaid. Because children are invalidated and told to keep silent, they are taught they do not matter. It is important to take the secrets out into the light and look to see if there is any truth. When we deny reality or push it away doesn't mean that it doesn't exist. When we are in denial, events and people we encounter will more than likely "trigger" those memories for release. That release can be projected onto whomever we encounter and it is usually an intimate/romantic partner who is the recipient of the projection and anger felt by the one in denial. Rising to the light symbolizes wanting seeing the truth. It is only when we see the truth that the secrets will no longer hold power over us.

I read a wonderful article by Cathy Sheborn, Ph.D. called Projection. I will quote her here: "Projection is the opposite of taking responsibility for yourself, your feelings, your choices, and your baggage. Projection is also giving away your power. We need to be able to deal with our pain in a healthy, productive and responsible way rather than projecting it onto someone else, because when we project, we don't see the other person and we don't see ourselves. Projection gets in the way of having healthy relationships in the present and it is unfair to the person on whom we are projecting."

I have seen Neptune in the first house as being able to project a fantasy onto the partner (7th house) often with Neptune in 1, the native doesn't see him or herself clearly in relationship to others (7th).

At the beginning of this film Tom is at odds with his mother, angry and berating her exploding from a lifetime of pain he never discussed and was forced to conceal. He later comes to feel sympathy and even compassion for her telling her in one scene, "Be patient with me Momma, you've done a lot to make me hate you". When he became conscious and aware of what was going on he was able to forgive his parents and actually support his mother. I think we all have to realize that their baggage isn't about us. I think that is the most difficult concept to understand when we are stuck in our defensiveness...until we seek understanding through the therapeutic and/or spiritual process. Sometimes we spend half of our lives undoing the damage done by our parental imprints and their "teachings". We

tend to replay these child of origin dynamics in all of our intimate relationships until we get it right.

Because Tom grew up in an abusive and invalidating home he was unable to form an intimate attachment with his wife. He was not able to verbalize how he felt about her. It was only until he met Dr. Lowenstein that he was able to heal his past and open his heart. Dr. Lowenstein had a gift to make people feel...and Tom fell passionately in love, probably for the first time in his life, with his therapist.

NEWSLETTERS/OTHER/DATA REQUEST:

Please visit www.njnotforsale.com - **REBEL (Researching Everyone By Exposing Lies)**

This website is devoted to providing a **smoke free** environment for our teens and future generations. It is also devoted to exposing the **lies** our government covers up with our great big tobacco companies. This group was created by Teens for Teens.

Thank you to all the people who have written in through the soul mate website recently and sharing your birth data and stories with me. If anyone else has experienced a relationship with **Borderline Personality** and can provide birth data for a loved one or friend with Borderline Personality Disorder (BPD), or **PTSD** - Post Traumatic Stress Disorder names are not necessary and data will be held confidential, please e-mail me directly with the word BPD in the subject heading of your mail to FuchsiaStars@aol.com and I will e-mail you what I need for the research for future lectures on BPD.

I'm also seeking birth data and experiences for children born between **1988-1990**. These experiences could involve family issues, health or education crisis. I would also like to know if a child born during this time has received a diagnosis of ADD or ADHD. If so, is this child on medication of any kind. Please tell me the type of diet the child maintains. In the subject heading of your mail to me please type the words "**INDIGO KIDS**" and I will e-mail you what I need. All information will be held in confidence.

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Have a wonderful month! Thank you so much for subscribing. I hope to see you again next month for the 27th Issue of Lunar Notes will appear in your e-mail the 1st week of September. If anyone would like a copy of past Issues of Lunar Notes or would like to subscribe a friend, you can locate this on my websites www.KarmicAstrology.tv and www.FuchsiaStars.com. Feel free to join the list through YahooGroups.com. Your questions and comments are always welcome.

Love,
Lorraine

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